



GOVERNOR'S ADVISORY COUNCIL ON AGING

**MATURE WORKFORCE COMMITTEE (MWC)
MEETING MINUTES**

May 8, 2014

12:00 p.m. – 2:00 p.m.

Arizona State Capitol Executive Tower

Third Floor Conference Room

1700 West Washington Street

Phoenix, Arizona 85007

Pending Approval

Council Members, Liaisons, and Participants Present

Diane Joens (Committee Chairwoman), Becky Brimhall-Lepire, George Evanoff, Deborah Lavinsky, Doyle Meredith, Melinda Preston, Trudy Schuett, Tonya Watson, C.T. Wright, Christine Bryson-Lazo, Nancy Hecker, Elaine Poker-Yount, Darrell Reagan, Charles Thompson, Emilio Velez, Tish Wallace and Tiffany Yazzie

Council Members Absent

Charles Brown, Patsy Gillis, Teresa Lopez, Lisa O'Neill and Allison Perrin

Council Staff Present

Cathy De Lisa, Kim Jennings and Carolyn Sigler

Guests Present and Signing In

Mirna Borkman, Julie Garcia, Nancy Kiflemariam, Pauline Komnenich, Anna Park, Harvey Smith and Paula Wright

Welcome, Introductions, Review & Approval of March 6, 2014, Draft Minutes

Committee Chairwoman Diane Joens called the meeting to order at 12:02 p.m. A welcome and introduction period followed. Minutes from the March 6, 2014, MWC meeting were reviewed. *George A. Evanoff made a motion to approve the minutes as presented; C.T. Wright seconded the motion. The motion passed unanimously.*

Presentation and Discussion

Healthy Aging at Scottsdale Healthcare

Anna Park, Wellness Coordinator, presented on Scottsdale Healthcare's Wellness Program which is available to the 6,700 staff members of the three hospital campuses valley wide. They have been tobacco free since 2010. Participation in the Wellness program has increased from 66.1% to 71.7% (2012-2013); 43% are 50 years and older. A copy of the *Healthy Aging at Scottsdale Healthcare* presentation is available for review through the Council on Aging office.

Wellness Works for Everyone – Maricopa County

Julie Garcia, Wellness Supervisor, presented on the Maricopa County employee healthcare and wellness program. According to Ms. Garcia, Maricopa County believes worksites can play a pivotal role by making healthy choices easier to help Americans of all ages take charge of their health, and one of the components of the Maricopa County Wellness Program is on-site micro-markets by AVANTI, which offers healthy snack alternatives along with traditional options. A copy of the *Wellness Works for Everyone* presentation is available for review through the Council on Aging office.

Wellness & Well-Being @ CTCA

Mirna Borkman, Talent Operations Partner for Cancer Treatment Centers of America, presented on the health and wellness benefits offered in support of employee stakeholders at Cancer Treatment Centers. According to Ms. Borkman, the CTCA Wellness Program encompasses the Physical, Emotional, Professional and Financial aspects of support and care. A copy of the *Wellness & Well-Being @ CTCA* presentation is available for review through the Council on Aging office.

Wellness – Make It A Family Affair, State of Arizona

Lauren Thomas, Wellness Program Manager discussed the healthcare and wellness benefits provided to employees of the State of Arizona. According to Ms. Thomas the State serves over 100,000 employees, dependents and retirees with on-site health screenings, flu shots, collaborates with Mayo Clinic on an Employee Assistance Program and offers smoking-cessation through the ASH-line.

Office Update & Discussion

Program and Project Specialist Kim Jennings distributed the Jobing.com Statistics sheet and encouraged attendees to check out the Arizona Mature Workers website: www.azmatureworkers.com.

The *Jobing.com Statistics* sheet is available for review through the Council on Aging office.

Report Out and Discussion on Events Related to MWC

None

Adjourn

The meeting was adjourned by Committee Chairwoman Diane Joens at 1:30 pm.

Next Meeting:

The next meeting of the Mature Workforce Committee of the Governor's Advisory Council on Aging is scheduled for July 10, 2014; location to be determined and announced by public meeting notice posted at the GACA website: www.azgovernor.gov/gaca/. These meetings are open to the public.